



Abstracts

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PReS Health Professionals Leads

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Aims

- PReS
- Imposter syndrome
- What are abstracts?
- PReS guidelines
- How to write an abstract
- Reasons why they are rejected
- **Open discussion of participant ideas**



PReS – Health Professionals

- Paediatric Rheumatology European Society
- Great HP agenda
- HP educational kick off meeting
- Great debate
- 3 sessions
- Workshop
- Networking
- Fun, drinks, food!
- 12/13th Sept
- Gothenburg



European Paediatric Rheumatology Congress
 11-14 SEPTEMBER 2024
 Gothenburg • Sweden

SAVE THE DATE

<https://www.pres.eu/pres2024/index.html>

| THURSDAY 12 SEPTEMBER 2024 | | |
|--|--|---|
| Year in Review - Basic (08:00 - 09:30) | PRiNTO GENERAL ASSEMBLY (08:00 - 09:30) | |
| Coffee Break (09:30 - 10:00) | | |
| Long-term follow up: What have we learned from long-term studies (10:00 - 11:00) | Ped Rheum Global (10:00 - 11:00) | |
| Grand Debate 1: Step-Up vs. Step-Down (11:15 - 12:15) | HP Kick-off Meeting (Part 1) (11:15 - 12:15) | |
| Sponsored Lunch Symposium (12:30 - 13:30) | HP Kick-off Meeting (Part 2) (12:30 - 13:30) | |
| SLE (13:45 - 15:15) | Autoinflammation (13:45 - 15:15) | |
| Coffee Break & Poster Tours (15:30 - 17:00) | Sponsored Symposium 1 (16:00 - 17:00) | HP Drop-in Session: Research Advice (16:00 - 16:30) |
| Vasculitis (17:45 - 18:45) | Mechanisms of Disease (17:45 - 18:45) | Sponsored MTE 1 (16:30 - 17:00) |
| Working Party Meetings (19:00 - 20:00) | | |
| Faculty Dinner (Upon invitation) | | |

| FRIDAY 13 SEPTEMBER 2024 | | |
|--|--|--|
| Year in Review: Clinical (08:30 - 10:00) | Educational Committee Meeting (08:00 - 09:30) | HP Practical Exercise Additions in Paed Rheum: A Rotational Workshop (08:00 - 09:30) |
| Coffee Break (09:30 - 10:00) | | |
| Organ Involvement in Inflammatory Diseases (10:00 - 11:00) | PRES/ENCA Session (10:00 - 11:00) | HP Session 1: Great Debate: Spoonies tool - Useful or Not? (10:00 - 11:00) |
| Grand Debate 2: Biosimilars (11:15 - 12:15) | HP Session 2: Prevention of Pain Chronification (11:15 - 12:15) | |
| Sponsored Lunch Symposium (12:30 - 13:30) | HP Session 3: The impact upon the wider family and how to support them (12:30 - 13:30) | |
| JIA (13:45 - 15:15) | The Evolution of Immune Variation (13:45 - 15:15) | HP Session 4: Current App usage in Paed Rheum (13:45 - 15:15) |
| Coffee Break & Poster Tours (15:15 - 17:00) | | |
| Sponsored MTE 2 (16:30 - 17:00) | Sponsored MTE 3 (16:30 - 17:00) | Immunological function tests to complement genetic testing (16:00 - 17:00) |
| PReS General Assembly (17:15 - 18:45) | | |
| | sJIA/MAS (18:45 - 19:45) | Working Party Meeting (18:45 - 19:45) |
| Networking Dinner | | |

- I can write support letters for your employer – ask me
- And we are offering some HP bursaries, please consider applying!

'Imposter syndrome'

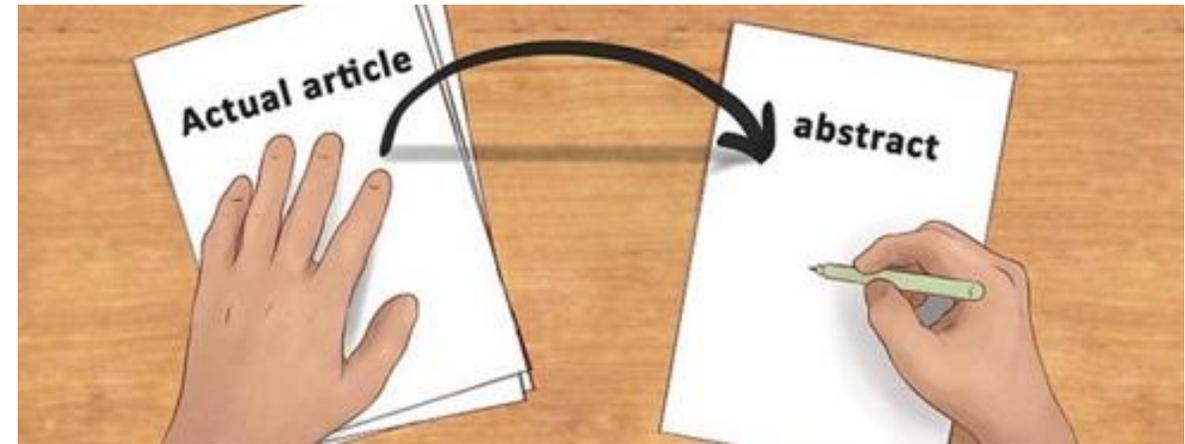


9 Ways to Cope With Imposter Syndrome

| | | |
|--------------------------------------|-----------------------------|------------------------------|
| Know the signs. | Know you're not alone. | Distinguish humility & fear. |
| Let go of perfectionism. | Be kind to yourself. | Track your success. |
| Talk with your mentor and a manager. | Say "yes" to opportunities. | Embrace the feeling. |



What is an abstract?



- An abstract is summary of an original work
- It gives enough information about the original work so the reader can make an informed decision about whether to read the full work to obtain more detail
- There are often set guidelines to follow and set word limits!



Why not
just attend
the
conference
to listen?

- Next steps to share your incredible work
- Get your work noticed
- Change practice?
- Network / collaborate
- CV - publications
- Future opportunities
- Reduced rate for conference / other funding

Who is your
audience?

Second step: Look at the guidelines

Title

Body

Background

Methods

Results

Discussion

Conclusion

Don't forget:
affiliations, logos,
disclaimers,
• contact details

Third step: Look at the timelines

- Abstract Submission opening: March 2024
- Abstract Submission deadline: 5th May 2024
- Notification to submitters: Early-July 2024
- Accepted abstracts will be published in the Supplement of the Pediatric Rheumatology Journal and will be available on the Congress website two weeks prior to the event.

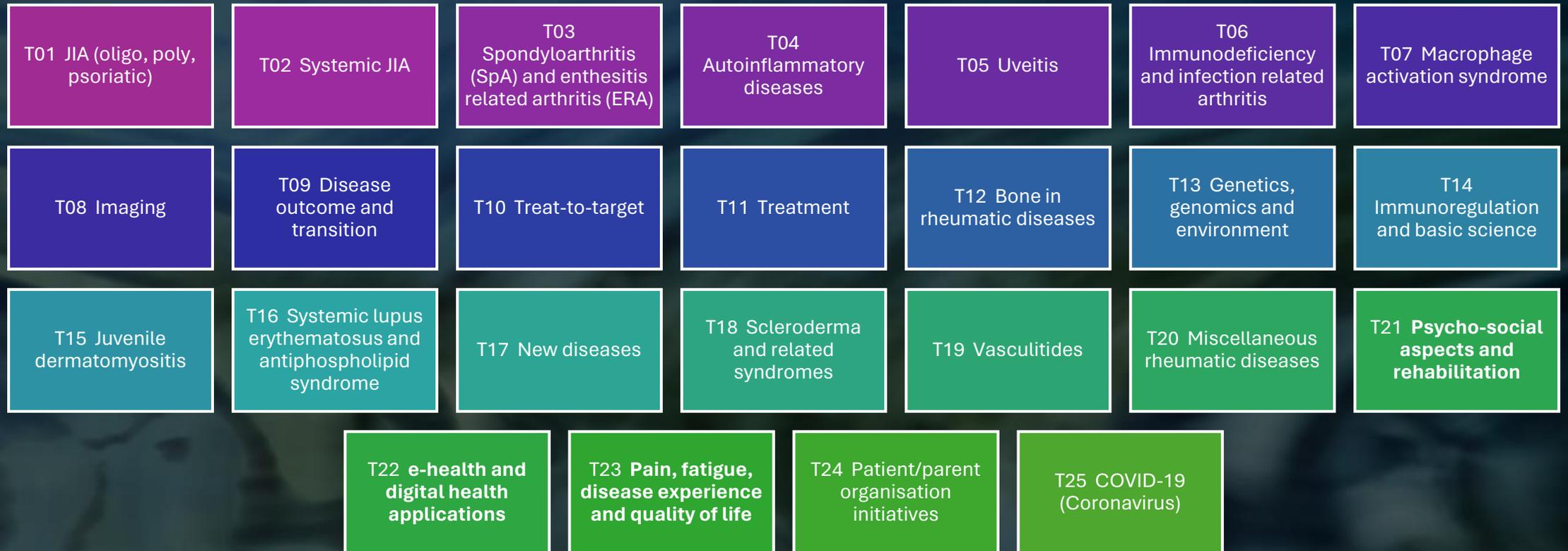
Do not leave it
to the
last minute!

| | | |
|-----------------------|---|---|
| 2 months to deadline |  | "Oh, this will be easy. It's just 250 words. I don't have to do it right now." |
| 1 month to deadline |  | "I should probably get on to that abstract... but eh, I'll do it later." |
| 1 week to deadline |  | "Right, time to tackle this thing." *Procrastinates, writes a few words, gives up* |
| 24 hours to deadline |  | "This is fine. I can do this in one day. This is fine." |
| 6 hours to deadline |  | "Argh, how am I supposed to communicate my research in 250 words?! It's not possible!" |
| 1 hour to deadline |  | "Is this clear to someone who doesn't know my research? Have I included everything I need? <i>I CAN'T TELL ANYMORE.</i> " |
| 5 minutes to deadline |  | *Cries, presses submit button* |
| 1 day after deadline |  | "Due to overwhelming interest, the conference organisers have decided to extend the submission deadline by two weeks." |

PReS Abstract instructions

- Those who want to present their work either orally or as a poster, are **invited to submit an abstract** for consideration by the Abstract Grading Committee.
- Abstracts must describe **original, previously unpublished work**. Abstracts must not have been already published elsewhere, or be under consideration for publication elsewhere.
- **Scheduling of poster sessions and abstract presentations is at the discretion** of the Scientific Programme Committee. Abstracts will be organised into sessions using the topics chosen by the submitter in the online system. While delegates may indicate their preference for oral or poster presentation, the final decision is made by the Scientific Programme Committee.
- Abstract submission is only possible via Internet.
- The creation of a **user account is required** for the submission of an abstract. The account only needs to be created once and can be re-used for future abstract submission and registration to the congress.
- **Abstracts can be saved in “Draft status” to be re-edited** and modified until the submission deadline.
- PReS will not translate any abstract. It will be published, if accepted, as submitted in English.
- Abstracts fulfilling all criteria can be saved in “Final submission” status. Only abstracts in “Final submission” status will be considered for the Congress.

Topic selection



PReS Guidelines

- Abstracts will be published in Pediatric Rheumatology (only if accepted).
- The total length of the abstract must not exceed 4000 printable characters including spaces (**approx. 600 words**) and 90 line counts. Characters counts includes: the title, body of the abstracts, authors details and tables.
- The body of the abstract will be structured as follows with the following subtitles:
 - **Introduction**
 - **Objectives**
 - **Methods**
 - **Results**
 - **Conclusion**
- One table may be included in the “Results” section with the following criteria:
 - Maximum number of rows: 10 and maximum number of columns: 10
- Images or graphs may not be included

How to write an abstract.....

.....first you need a topic / idea / research study!



Tips for writing the title

1

Make it descriptive

2

Make it important

3

Try to include a 'what' and a 'who'

4

Capture the reader's interest

5

Key words will be picked up in searches

6

Don't make it too long! 12 words or less is best!

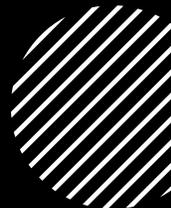
Tips for writing the body

- Tell the reader
 - What you did
 - Why you did it
 - How you did it
 - What you found
 - What it means (so what)
- Make sure you include the
 - Introduction
 - Methods (what did you do)
 - Results (what did you find)
 - Discussion (how does this compare to what others have found)
 - Conclusion (take home message)
- Say only what is necessary to convey the meaning





Tips for writing the methods and results



Method



Describes the approach used



What happened?



Make it meaningful



Results



Brief overview of results you have obtained with the most important and highest impact in more detail



If you are awaiting results give a brief overview of what you are planning to analyse and present

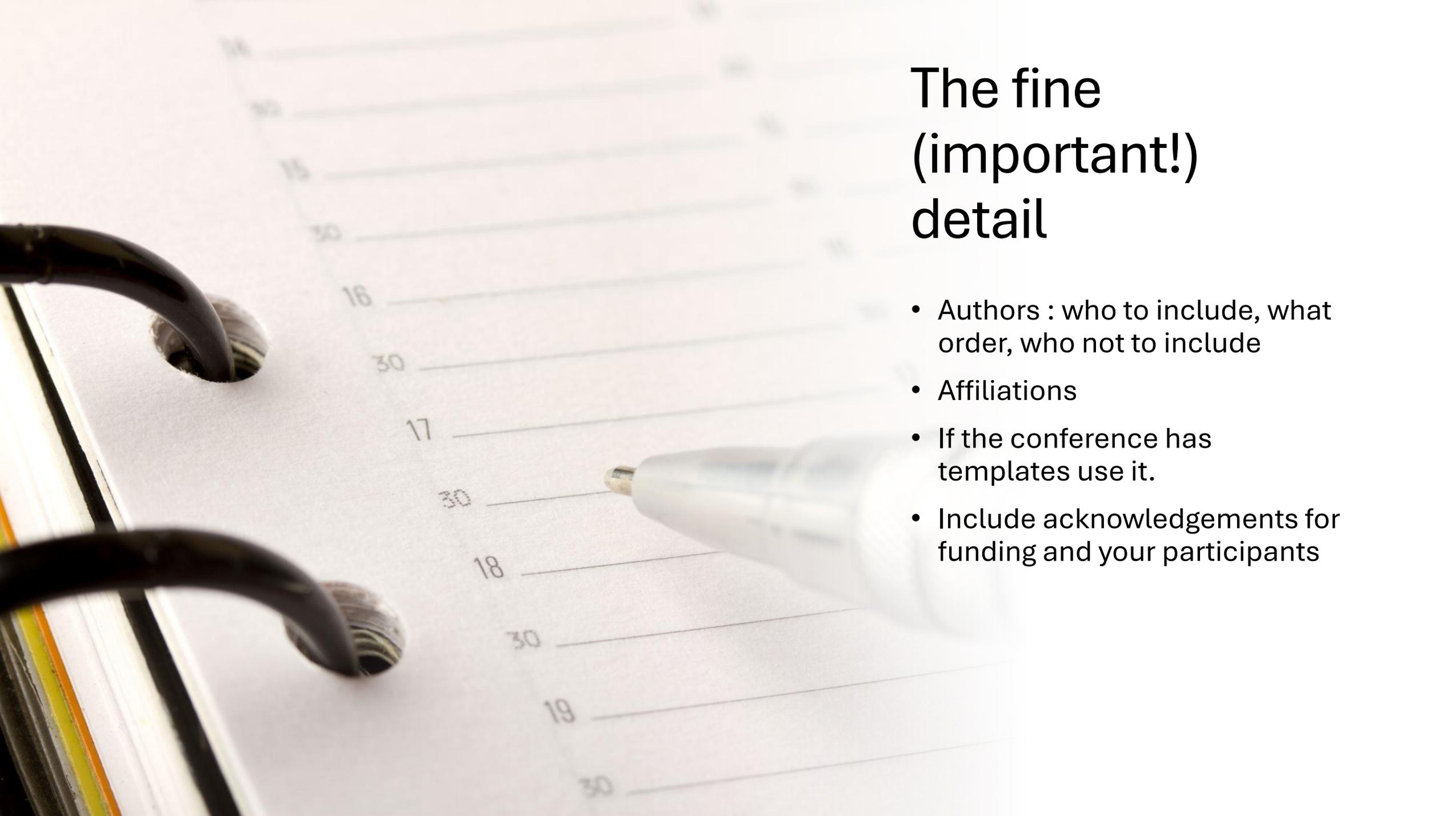


Usually words only – check the guidelines to see if diagrams/figure/tables are allowed



Tips for writing the conclusion

- Main conclusion shows the importance of your work
- What is your interpretation of what these results mean? Should anyone be excited about these results?
- What is your final take home message
- Do not over generalize
- Keep it brief (final statement)

A close-up photograph of a spiral-bound notebook. The notebook is open to a page with horizontal lines. A white pen with a gold-colored tip is resting on the page. The spiral binding is visible on the left side. The background is a plain, light-colored surface.

The fine (important!) detail

- Authors : who to include, what order, who not to include
- Affiliations
- If the conference has templates use it.
- Include acknowledgements for funding and your participants

Reasons why abstracts get rejected

- Content not relevant to conference
- Failure to follow submission guidelines
- Failure to format abstract correctly
- Unclear aims
- Incorrect or poor methodology
- Inadequate data collected
- Conclusions not supported by findings
- Does not add anything new

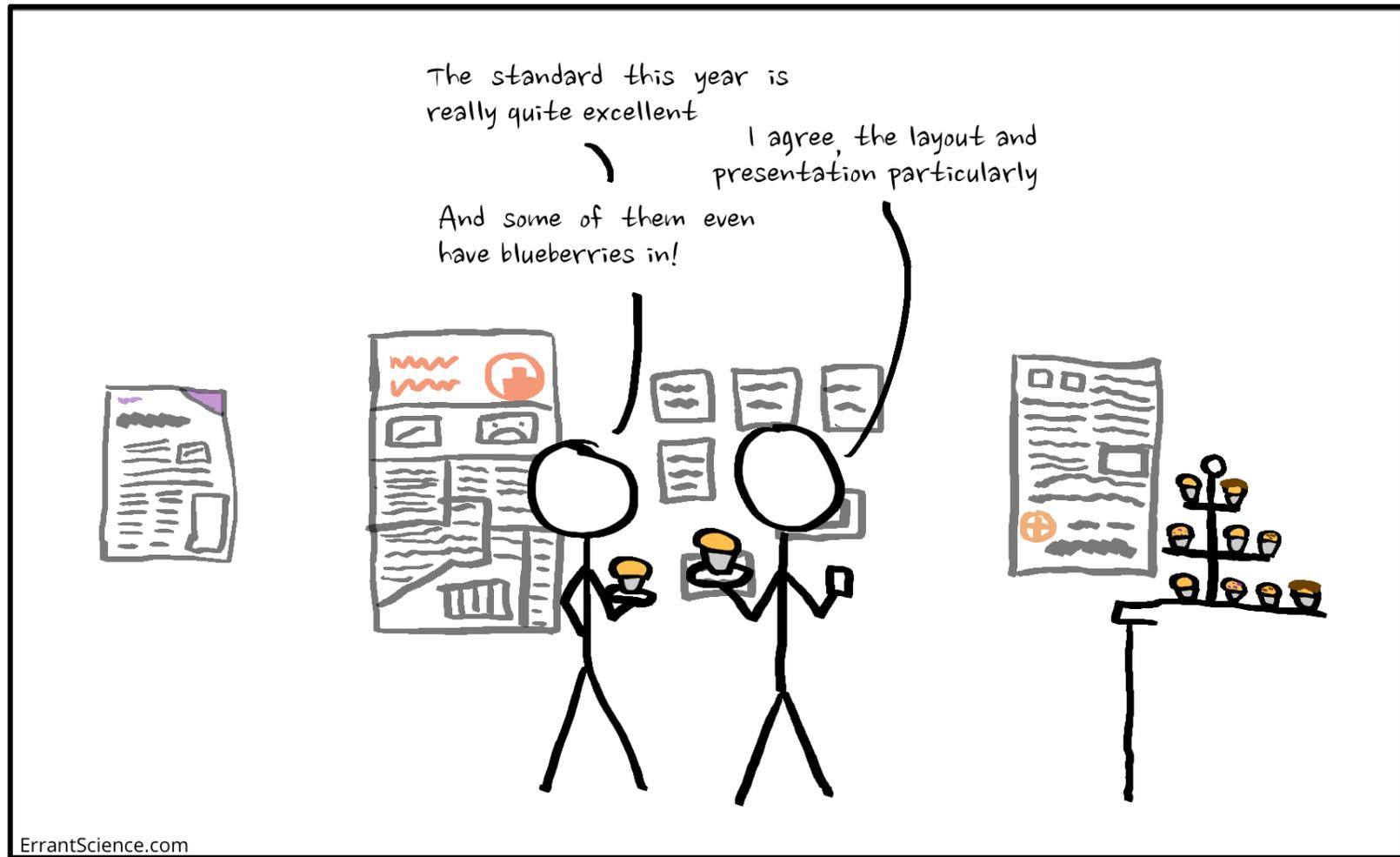


Recap : Tips for writing a good abstract

- Plan it
- Think about your audience
- Speak to your authors early!
- Follow the guidelines specified
- Stay within the word limit, make each word count
- Use a developed paragraph structure
- Needs to be coherent, concise, and can stand alone
- Leave it alone and revisit it a fresh
- Clearly identifies parts of the study
- Is easy to read, consider jargon/abbreviations/acronyms
- Conclusion brings it together
- Get others to read it!



A new type of conference!



Muffins are an integral part of any academic conference

Any questions?

Thank you for listening

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